

... however small or awful you think your worries are, you should always be able to talk to someone you trust.



HOW WE WILL LOOK AFTER YOU

We want our church to be like a big happy family. Families are happier when everyone treats everyone else well.

We expect the grown-ups in our cathedral to...

- be kind and polite to you all the time
- tell you when you do something well
- look after you and be friendly towards you but they are not your friends like the other children and young people in your group

Talk about these things at home with your family.

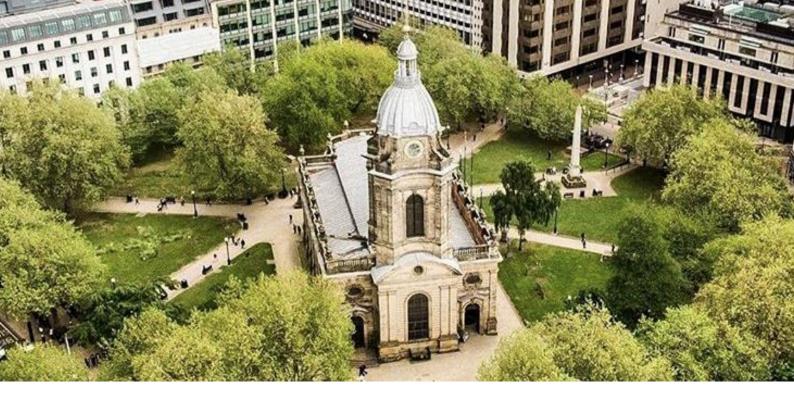


If you tell one of the grown-ups at the cathedral about something that is worrying you, they may not be allowed to keep it secret.

They won't go around telling everyone but if they are worried that you, or another child, has been hurt, or might be hurt, if they do not do something about it, they do have to write it down and tell Steph Haynes the Cathedral Safeguarding Advisor.

THE GROWN-UPS IN OUR CATHEDRAL MUST NOT ...

- Frighten you or hurt you
- Hug you or touch you when you don't want them to
- Send you messages that are only for you on your phone or computer or Facebook, Instagram, Snapchat or any other App or Game you use
- Ask you to keep secrets
- Give you photos of themselves
- Ask you to give them photos of yourself
- Meet you outside of Church
- Offer you lifts
- Give you special presents



We want our cathedral to be like a big happy family - but even the happiest family can have a bad day or the kindest person can make a mistake that upsets someone else.

If you ever feel like you're having a bad day, or somebody does or says something that upsets you, it is really important that you tell someone.

Most of the time you will tell your family at home, but sometimes you may need to tell someone straight away or you might not want to talk to a grown up at home. If this happens when you are at our cathedral you can talk to one of these adults.







